

## HELPFUL READING

Eisenberg, Murkoff, and Hathaway. *What To Expect When You're Expecting*. New York: Workman Publishing, 1991.

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Huggins, Kathleen. *The Nursing Mother's Companion*. Boston: Harvard Common Press, 1995.

Jones, Sandy. *Crying Baby, Sleepless Nights*. Boston: Harvard Common Press, 1992.

Lansky, Vicki. *A Parent's Guide to Child Safety*. Chestnut Hill, Mass.: Safety First, 1991.

Lansky, Vicki. *Trouble-free Travel with Children: Helpful Hints for Parents on the Go*. Deephaven, Minn.: The Book Peddlers, 1991.

Satter, Ellyn. *Child of Mine: Feeding with Love and Good Sense*. Expanded. Palo Alto, Calif.: Bull Publishing. 1991